



2009-10 NCAA Women's Gymnastics Rules Clarifications - #1
Answers in Red



Question 1:

NCAA compositional deduction for FX - Choice of Acro Elements "not up to the competitive level" has a new definition: (flat 0.1 deduction if missing any or all):

1. One "D" Salto or better
2. One acro SERIES with a "C" salto or better
3. An acro Dismount with a "C" minimum salto in Bonus combination OR a "D" (minimum) salto

Can all three requirements be met with a "D" Dismount SERIES **YES** OR
Does the gymnast need to have 3 separate parts to the requirement? **NO**

Can the SERIES requirement be met with 2 or 3 flight elements?

NCAA uses JO definition of "acrobatic series" as found on Pg.221, II.A.1.a. (...defined as minimum of 3 acrobatic flight elements) – so the SERIES requirement must have 3 elements.

Question 2:

NCAA Beam values that are different from Level 10: now lists...

- 7.408 full twisting back handspring = E
- 7.412 full twisting back handspring swingdown = E

What about 7.411 - Gainer full twisting handspring ?

Not listed in NCAA modifications, therefore it is a "D" as in JO Code.

Question 3:

Beam Dismount 9.202 (second element in box) says "swing free leg backward to front salto TUCKED with 1/1 twist. What would the value be in layout position? Same?

As far as the question above, yes, it would still be a "B". It is named for an athlete (Mabrey) and that is how it was performed when she competed. In order to get a C it would need to have a 1 1/2 twist.

Question 4:

I am having leotards designed for our team that will resemble football jerseys, and therefore will have different numbers on the front of the leotards. The rule states that all leotards must be identical, so I'm wondering if they have different numbers on the front of their leotards if we are going to take a deduction for this.

The current rule states that uniforms must be identical. Therefore, names and numbers are not permitted and would receive a deduction.