



C/O FLIP BOOK ERRATA EFFECTIVE AUGUST, 2010

White Card - Compulsory General Faults & Penalties

0.30 (UB) Intermediate (extra) swing - 0.60 Max per element

Salmon Cards - Optional General Faults & Penalties

0.30 (UB) Intermediate (extra) swing - 0.60 Max per element

0.50 Coach on FX Mat (No ded if on FX to remove fallen object from gymnast)

Green Card - Levels 7-10 Optional Vault

>**0.10** Incorrect Foot Form each phase of vault

Yellow Card - Optional Bar Information

0.30 (UB) Intermediate (extra) swing

0.60 Max per element

Yellow Card - Levels 7 & 8 Bars

Allowable "C"s for "B" BP

Add: Back Stalder to HS also w/ ½ turn in HS

Add: Pike Sole Circle to HS also w/ ½ turn in HS

Yellow Cards - Levels 7 -10 Bars

0.10 Landing too close to bars on Dismount
Move to Execution Deductions

Pink Cards - Level 2 & 3 Beam

Change Max time to 35 sec Warning 25 sec

Pink Cards - Level 7 - 10 Beam

Add to General Deductions: (Throughout Exercise)

>**0.10** Failure to perform Turn VP's in high releve'

>**0.20** Insufficient Dynamics (move from Execution)

Pink Cards - Levels 7 -10 Beam

0.10 Landing too close to bars on Dismount

Move to Execution Deductions

Blue Cards - Level 7 - 10 Floor

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